Girls Inc. of New York City

Services & Program Guide

2023-2024

Inspiring all girls to be strong, smart, and bold

Hello there!

Thank you for your interest in our programs and services for the 2023-2024 school year.

Girls Inc. of NYC (GINYC) inspires 10,000+ girls each year to be strong, smart, and bold through life-changing programs that help them navigate gender, economic and social barriers and use their innate tools to advocate for themselves and others.

Inside, you will find the programs and services that are available for contract. We promise to work closely with you to find one that best fits your needs and budget.

Millicen Perez

AVP, Strategic Partnerships & Special Events

Our Programs

Our social-emotional learning (SEL) programs use a comprehensive, experiential approach with a curriculum that is solidly grounded in research.

Available for Middle School & High School
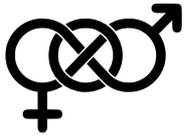
HEALTHY SEXUALITY

Girls develop skills to make informed decisions about their bodies, relationships, and sexual health.
*Meets NYCDOE requirements for credit

MIND+BODY MATTERS

Equips girls with the knowledge, skills, attitudes, and support for maintaining a positive sense of self and leading a healthy lifestyle.

FINANCIAL LITERACY

Girls develop skills to enhance their financial competence and confidence and to help them exercise their control over their financial future.
*Meets NYCDOE requirements for credit

PROJECT BOLD

Girls learn skills and strategies to lead safer lives in their homes, in relationships, in their communities, and online.

MEDIA LITERACY

Girls increase their awareness of the scope and power of the media and the effects of media messages on girls and women.

Exclusively for High School

LEADERSHIP & COMMUNITY ACTION

Teen Leadership Circles (TLC) provides an intensive training and personal development for girls. Through their participation, girls become peer leaders at their schools and create youth-led clubs and advocate for their communities.

GENERATION GIGA GIRLS "G3"

Students explore how to effectively use data to advocate for social justice issues and influence policy. Students learn how to research, collect, analyze information, and use data to develop solutions to causes they care about most in their communities.
*Meets NYCDOE requirements for credit

COLLEGE & CAREER READINESS

Develops girls' social, emotional, and independent living skills to navigate life after high school. Exposes girls to a variety of careers and post-secondary opportunities.

Our Services

GIRLS INC. CURRICULUM TRAINING

Offers schools and agencies the opportunity to have their staff trained on our hands-on and interactive Girls Inc. curriculum to implement programming as they see fit. This model provides schools and agencies with access to our curriculum, platforms, and external evaluations for a one-time fee.

COST
$10,000

WHAT YOU'LL GET:

✔ In-depth 1:1 training with a Girls Inc. professional

✔ Access to our evidence-based curriculum

✔ A program outline is designed for you as a reference

✔ Additional coaching, technical support, and access to professional development throughout the partnership year

✔ Special invitation to GINYC trips and events

✔ For the college readiness program only: Seniors are eligible to apply for our annual College Shower scholarship awards.

IN-SCHOOL PROGRAMMING

Our hands-on programming is delivered by a trained Girls Inc. professional. Our facilitators build a lasting, mentoring relationship and create a physically and emotionally safe space, where there is a sisterhood of support, high expectations, and mutual respect. *This option is delivered at your site and is only available during school hours.

COST
$12,000

WHAT YOU'LL GET:

✔ 10-week sessions that meet once a week for 60 minutes

✔ Participants are invited to GINYC trips and events

✔ For the college readiness program only: Seniors are eligible to apply for our annual College Shower scholarship awards.

YOUTH DEVELOPMENT TRAINING

Designed for educators and direct service youth workers of all levels and open to co-ed youth settings. These interactive workshops ensure direct service youth workers are equipped to make their schools/agencies more gender equitable and reinforce a safe and supportive space. Workshop selections include:

- Trauma Informed Care
- Creating Gender-Equitable Environments for Students
- Managing Youth Anxiety During Testing Season

COST
$7,500

WHAT YOU'LL GET:

✓ Intensive 4-hour training led by a GINYC professional. Designed for 5+ educators

✓ The workshop can be conducted at your site or at our main office. Lunch is included

✓ Additional 1:1 coaching, and professional development throughout the partnership year

Additional Services

Lead·HER Assemblies	Reach a larger audience! Host an interactive assembly for up to 150 students. Promotes confidence in community building. Topics vary.	$1,500
Family Workshops	Interactive workshops designed to break taboos, and jump-start and deepen essential conversations between girls and their parents or caregivers. Hosted at your school/agency site.	$1,000

Let's Get Started!

Girls Inc. makes a measurable difference in girls' lives. Our programs sets girls up for life-long success. A partnership with us furthers your commitment to promoting self-care, mental health awareness, leadership, and gender equality for all girls.

SCHEDULE A MEETING　　　　　　**LEARN MORE**

Contact Us!

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AVP-Strategic Partnerships & Special Events

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We look forward to partnering with you!